

# Welcome to The Comprehensive Spine and Pain Center of New York – Exceptional Patient Care in NYC

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At The Comprehensive Spine and Pain Center of New York, we diagnose and treat all forms of pain. We understand that your pain is individual and we will partner with you and your physicians to identify the cause of your pain and tailor a treatment plan that gets you pain relief as quickly as possible. Our goal is to improve your ability to return to the activities you have been missing and help you live a pain free life. We strive to promote comprehensive treatment recommendations based on the latest advances in pain medicine. This may include injections,

nonsurgical procedures, physical and chiropractic therapy, complementary holistic treatments, relaxation strategies or medications. Our team is dedicated to the care and treatment of all patients in pain. We want to understand your needs and offer the most advanced nonsurgical options to reduce pain and improve activity.

Dr. Tim Canty M.D. is one of the leaders in the field of minimally invasive non-surgical spinal treatments. At the same time, he recognizes that the most effective, safest, and quickest way to relieve pain is through a comprehensive treatment approach addressing all factors related to your pain. He founded the Comprehensive Spine and Pain Center of New York after working and training at Harvard Medical School. To learn more about Dr. Tim Canty's philosophies and treatments



**Dr. Canty specializes in treating patients with back pain, neck pain and other severe pain disorders. He is board certified by the American Board of Anesthesiologists in the area of Pain Management.**

**Dr. Canty uses the most advanced techniques available to relieve spinal pain such as that caused by fractures, arthritis, degenerative discs, and spinal stenosis. He also treats patients with severe chronic pain due to nerve damage, traumatic injuries, and reflex sympathetic dystrophy (RSD). His practice reflects his strong expertise in the treatment of resistant pain where previous therapies have been unsuccessful.**

**He completed his Interventional Pain Management fellowship training at the Beth Israel Deaconess Medical Center in Boston, Massachusetts. Prior to that, he completed his residency in Anesthesiology at the Massachusetts General Hospital in Boston.**

**At Harvard Medical School, Dr. Canty was an instructor in Anesthesiology. He was also an attending physician at Massachusetts General Hospital, where he was recently honored with the Inaugural 2009 Citizenship Award for his contributions to the hospital. He currently serves as the Associate Director of Pain Management at Staten Island University Hospital.**

# Types of pain we treat

## **Back/Buttock/Leg Pain**

- Arthritis of the Lumbar Spine
- Degenerative Disc Disease
- Failed Back Surgery / Pain After Surgery
- Herniated Discs
- Radiculopathy
- Lumbar Spinal Stenosis
- Meralgia Paresthetica(MP): Outer Thigh Pain
- Reflex Sympathetic Dystrophy / Complex Regional Pain Syndrome
- Sacroiliac Joint
- Sciatica
- Spondylolisthesis
- Vertebral Compression Fractures
- Work injuries and Car Accidents



## **Neck/Shoulder/Arm Pain**

- Herniated Discs
- Work injuries and Car Accidents
- Arthritis of the Cervical Spine
- Cervical Spinal Stenosis
- Frozen Shoulder
- Headaches
- Neck Pain
- Arm Pain
- Radiculopathy
- Whiplash
- Carpal Tunnel
- Occipital Neuralgia